# BAR AND GRILL EAT, DRINK AND BE KIND. <br> <br> VEGETARIAN MENU 

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## APPETIZERS

Sautéed Mushrooms - sautéed in a garlic herb butter and sherry wine with parmesan cheese served with seasoned toasted baguettes 13.95

Veggie Bites - zucchini, mushrooms, broccoli and green onions sautéed in garlic herb butter and teriyaki sauce, served with seasoned toasted baguettes. 14.95
Margherita Flatbread Pizza - tomato sauce, garlic and olive oil, with mozzarella cheese finished with fresh roma tomatoes, basil, parmesan and cracked pepper 15.95

## SALADS

Served with a choice of dressing: ranch, balsamic vinaigrette, honey mustard, thousand island or gourmet poppy seed.
Billion Dollar Salad - avocado slices, cheddar and jack cheeses, black olives, tomatoes, carrots, cucumbers and croutons on mixed greens with choice of dressing 14.95

Thai Noodle Salad - mixed greens, tomatoes, diced avocado, mango, fresh mint, cilantro, cashews and linguini tossed with spicy lime vinaigrette 16.95

Strawberry Salad - mixed greens, fresh sliced strawberries, red onion and candied pecans served with a side of gourmet poppy seed dressing 15.95

## SANDWICHES

Served with tossed salad, fries, potato tots, garlic mashed or breaded onion rings.
Premium Sides: garlic fries or sauteed zucchini add $\$ 2.50$.
Garden Burger - grilled and served on a toasted bun with choice of cheese, lettuce and mayo, with or without pickles, onions or tomato 14.95

Avocado Melt - avocados, tomatoes and sautéed mushrooms on grilled sour dough, topped with our 4 cheese sauce 13.95

Ultimate Grilled Cheese, Tomato, and Avocado - fresh sliced tomato and avocado with melted Fontina, Cheddar and Swiss, on crispy Parmesan sour dough 14.95

## ENTRÉES

Baked Elbow and Cheese - elbow noodles with our four cheese sauce topped and baked with Monterey Jack, Parmesan and seasoned bread crumbs, served with soup or salad 18.95

Teriyaki Stir Fry - sautéed onions, mushrooms, broccoli and zucchini with teriyaki ginger sauce over jasmine rice and served with choice of soup or salad 18.95

Vegetable Primavera - fresh sautéed onions, broccoli, mushrooms and zucchini tossed with penne pasta and choice of marinara or alfredo, topped with fresh tomatoes and parmesan, served with soup or salad I8.95

## GLUTEN FREE MENU

## APPETIZERS

Calamari - tender calamari strips sautéed in garlic and herb butter with white wine fresh-diced tomatoes and chives 18.95 Shrimp Cocktail - steamed and chilled jumbo prawns garnished with celery sticks and served with wasabi cocktail sauce $\quad$ I8.95

## SALADS <br> Dressings: ranch, honey mustard, thousand island or gourmet poppy seed

Billion Dollar Salad - grilled chicken, avocado slices, Cheddar and Jack cheeses, olives, diced tomatoes, carrots, cucumber slices, and chopped bacon on tossed greens with choice of dressing 17.95

Strawberry Chicken Salad - grilled chicken slices, mixed greens, fresh sliced strawberries, red onion and candied pecans served with a side of gourmet poppy seed dressing 18.95

CHARBROILED LETTUCE WRAPPED CHICKEN AND BURGERS*<br>For a gluten free bun add $\$ 3$.<br>Includes a choice of fresh ground $60 z$ sirloin burger or charbroiled chicken breast. Served with choice of salad or steamed broccoli. For sauteed zucchini add \$2.50.

BLTA Chicken Sandwich - broiled chicken breast, fontina cheese, bacon, lettuce, tomato, avocado and mayo
on the side 15.95
Bacon Cheese Burger* - fresh ground and charbroiled with choice of cheese, bacon, lettuce, tomato and mayo with pickles and red onions on the side 16.95

## DINNERS*

Served with choice of salad or any side dish
Salad - Tossed (no croutons)
Side Dishes - Broccoli, Garlic Mashed, Baked Potato or Jasmine Rice
Premium Side - Sautéed Zucchini add 2.50

Smothered Chicken - char-broiled chicken breast with sliced mushrooms, bacon, and fontina cheese 25.95
Shrimp Scampi - shrimp sautéed in garlic herb butter and white wine with fresh-diced tomatoes and chives 26.95

Salmon - fresh salmon charbroiled and served over jasmine rice 29.95
Cedar Plank Salmon - roasted and served on a cedar plank 33.95
Alaskan Halibut - charbroiled and served over jasmine rice 40.95
Sirloin* - hand-cut choice grade sirloin IOoz 31.95
Rib Eye* - hand-cut selected from top choice I4oz 45.95
Prime Rib* - seared on high heat for sealing in juices (no au jus), served with creamy horseradish on request 8oz 32.95 I4oz 48.95

## DESSERT

## Crème Brûlée

a smooth rich vanilla flavored custard, served under a warm caramelized brittle topping 8.95

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[^0]:    *There is an increased risk to health in eating raw or undercooked foods
    "This is not a gluten free kitchen. While we take all precautions to avoid cross contact, this is not an express guarantee that any item will be completely free of trace gluten"

